

NOVEMBER 2023 NEWSLETTER



You can contact us via:

Phone | Text | WhatsApp us on: 07483 090434

Email: SellyOak.Families@greensquareaccord.co.uk

Follow us on social media: [@SellyOakFam](https://www.instagram.com/SellyOakFam)



GreenSquareAccord's Selly Oak Families team, as part of the Birmingham Children's Partnership.
For more information please search '**Birmingham Children's Partnership**' at www.birmingham.gov.uk



Our November newsletter includes opportunities, training, and events as well as information to support the health and wellbeing of all the family.

PLEASE SHARE WITH YOUR NETWORKS.

We are here to support local families and everyone supporting families through training, special events, Early Help Assessments, and direct support all year round.

November News Include:

- Your Selly Oak Families Offer -
- HAF -
- Support Service Information -
- Other News, Updates & Information -



Right Help, Right Time
Delivering effective support
for children and families
in Birmingham

Early Help supports children, young people and families before they go into crisis. We use the Right Help Right Time model to ensure families are getting the right support for their needs. Keep an eye out in our next newsletter about Introduction to Early Help training, available for free across the locality for partners supports children, young people and families.

To access support we ask that you complete a Family Connect Form. If you have any questions please call on 07483 090434 or email SellyOak.Families@greensquareaccord.co.uk. We are closed over the weekend. If you need urgent safeguarding support contact CASS on 0121 303 1888 or 0121 675 4806. For other support see details below of support available across Selly Oak.

We are here to support local families and everyone supporting families through training, special events, Early Help Assessments and direct support all year round.

Read on to see what's going on!

- Your Selly Oak Families Team -

We provide free and confidential Early Help for children, young people and families across the Selly Oak locality. This includes Billesley, Bournbrook, Selly Park, Bournville, Cotteridge, Brandwood, Kings Heath, Druids Heath, Monyhull, Highters Heath, Kings Norton North, Stirchley, Weoley & Selly Oak. Early Help connect families to your organisation or setting to ensure they get the right help close to home.

Your Selly Oak Families Offer

WE CAN SUPPORT YOU WITH...

Selly Oak Families



Birmingham's Children's Partnership
1 Lancaster Circus, Queensway, Birmingham B4 7DJ

Birmingham
Children's Partnership



www.localofferbirmingham.co.uk/bcp



Family Connect Form

The Early Help service is free, confidential and based on consent.

If you are supporting children, young people and/ or families who need help, to help connect families to various kinds of support available locally, please complete a [Family Connect Form](#).



Route2Wellbeing

Route2Wellbeing provides professionals and families with an extensive list of organisations and services available for children, young people and families across Birmingham.

Selly Oak Early Help can add relevant organisations to this online directory of support, so please let us know if your details are out of date or if you'd like to be added!



www.bringitonbrum.co.uk | [#BringItOnBrum](https://twitter.com/BringItOnBrum)

Bring It On Brum! News

We're busy warming up ready to deliver a series of fun, free activities as part of the Bring It On Brum! programme this winter.

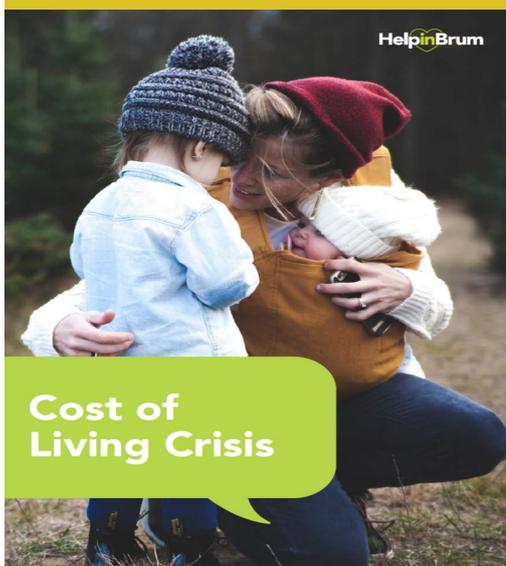
The Bring It On Brum! programme will be back on the 27th December- 5th January providing **FREE** winter holiday clubs for kids aged 4-16!

Bookings will open on **Monday 4th December** so make sure to check out the Bring It On Brum website for all the information you need to guarantee your kids to have a happy, healthy holiday!

[FOR MORE INFORMATION CLICK HERE!](#)

Support Service information

Community Events & Support



[Click here to access information!](#)

Support Service information

Community Events & Support

Love Weoley Castle Presents WARM SPACES

Tuesday St. Gabriels 4-5pm with Foodcycle

Free 3 course community meal B29 5LS

Wednesday Stonehouse Gang 9:30am-12:30pm

Free hot drinks and snacks B29 5SN

Thursday Castle Elim Church

(formerly Encounter Church) 10:30am-2pm

Free hot drinks and lunch, kids corner, games, arts and craft B29 5QD

Friday Weoley Castle Community Church 10am-3pm

Incredible Surplus food pantry, school uniform and clothing exchange,

Free lunch 1:30pm, WIFI, free hot drinks, kids corner B29 5LE

Friday St. Gabriels 3:30pm-5pm

Come and Play for families, games, snacks and fun B29 5LS



For more information contact:

*St. Gabriels - Paul paultucker73@hotmail.co.uk
07913 785505*

Stonehouse Rob - 0121 427 2961

*Castle Elim - Rachel rjewson@castleelim.church
07548 731257*

*Weoley Castle CC - Christine
bill_hopkins@btinternet.com 0121 476 1227*

Community Events & Support



Clothes Swap Shop and Repair Café: 18th Nov, 11-1pm

Save clothes from waste and have a clear out in your wardrobe for clean, good quality clothes to swap.

Give fast fashion the boot and re-use, swap and upcycle. Alongside our swap shop you can bring items that need some TLC to be looked at by our fixers and problem solve together to see if they can be saved and brought back to life.

Book into the repair café [here](#).



Are you missing out on a minimum of **£24** a week?

If you're responsible for bringing up a child who is

- under 16
- under 20 and in approved education or training

Then you could **claim child benefit**

*Only one person can get Child Benefit for a child.

*There's no limit to how many children you can claim for.

Scan to learn more about child benefit



What you could claim

There are 2 Child Benefit rates

Who the allowance is for	Rate (weekly)
Eldest or only child	£24.00
Additional children	£15.90

Make a claim

You can claim Child Benefit 48 hours after you've registered the birth of your child, or once a child comes to live with you. Child Benefit can be backdated for up to 3 months.



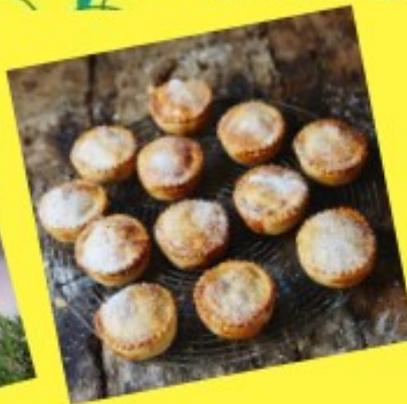
2- under 5 years

Children must be able
to help prepare food.

Christmas Bakes

With GBNFC Children's Centre

come and join us to COOK
some festive favourites
With YOUR children!



Friday 24th NOVEMBER

Friday 15th DECEMBER

1.00PM-2.30PM

Please call to book on..

0121 464 4189

St Bedes Church

41 Bryndale Ave

Kings Heath

B14 6NQ



Community Events & Support

Support Centre Timetable

Liverpool Street, Deritend, B9 4DS

Mon, Tues 9am - 5pm

Wed 9am - 1pm

Thurs, Fri 9am - 5pm

SIFA

fireside

9 Onwards
Emergency
Support



Homeless and Emergency Support



Physical & Mental
Health Support



Food



Advice and
information



Clothing &
Showers



Birmingham
City Council

10.30 - 12 noon

Appointments



EU
Settlement
Scheme



Supported
Accommodation
Advice (HTWS)



Physical & Mental
Health Support



Health and
Wellbeing Advice
(The ASH)



Department
for Work &
Pensions



Birmingham
City Council

12 Noon Onwards

Workshops

(excl. Wednesdays)



Lunch



Creative Workshops



Music Therapy
Jam Sessions



Cookery Classes



IT Skills
Employment Support



Performance
Workshops

Community Events & Support



Birmingham City Council are working with the local community and a partnership of voluntary and community sector organisations to expand a network of warm spaces.

These spaces will be available for people to use and visit during the winter period and beyond. There are several existing Warm Welcome Spaces within local communities across the city.

Warm Welcome Spaces are:

- inclusive and non-judgmental
 - heated and free to access
- spaces to access information on further support, available guidance, free internet access, computers and charging points
 - opportunities to participate in activities and learn new things
 - a friendly environment to connect with others within the community

To find out more about your local Warm Spaces, please click [here](#).

Disability & SEND Advice & Support



Check out Birmingham's refreshed SEND Local Offer website. It is the place to go to find information, support and services for children and young people with additional needs aged 0-25 years: www.localofferbirmingham.co.uk

- There is a new searchable directory
- SEND systems and processes are explained
- Specialist support services for children and young people with additional needs
 - Information on leisure and things to do
 - Advice on education, health, wellness and finance
 - SEND Travel and Transport information and how to apply
 - Information on childcare and Early Years education
- Information on Post 16 options and Preparation for Adulthood

Here is a video that explains the SEND Local Offer! <https://youtu.be/eG6co9SAhK0>

WELLBEING WALK

resources for
autism

Please come
join us in

Cannon Hill Park

Wednesday 22nd November

@ 10:30am!



Come along with other
parent / carers and enjoy a bit of
light exercise and a chat

For further information and
to book on the walk please ...

BOOK HERE

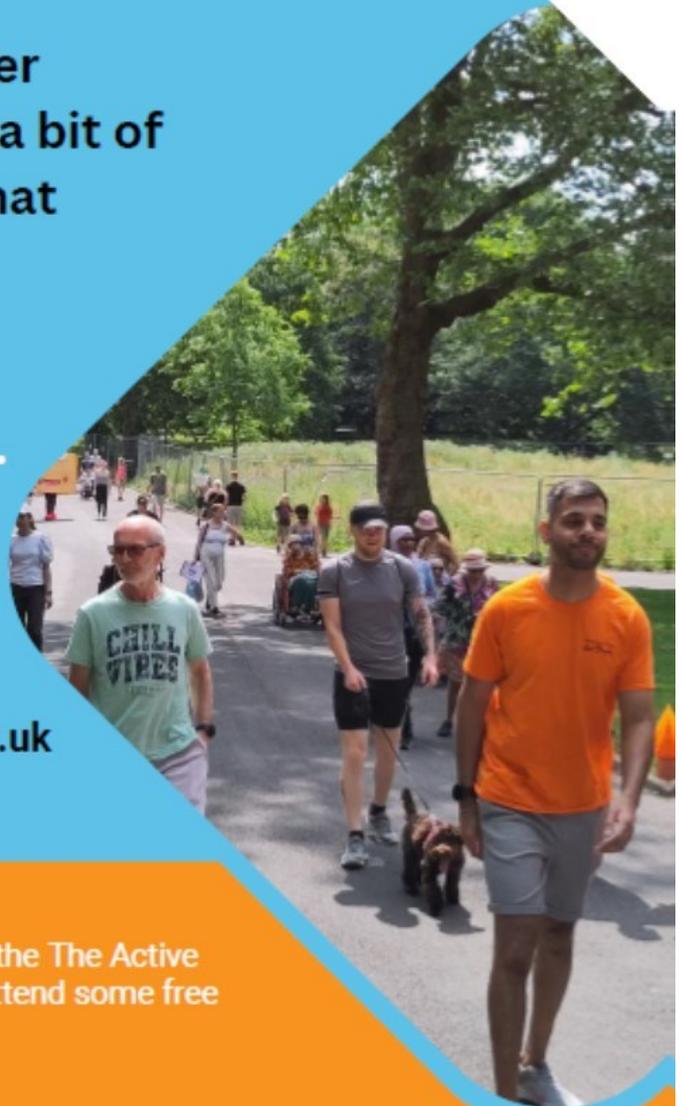
or contact Kelly

email: kelly@resourcesforautism.org.uk

phone: 07794230243

If you have chance, then please do sign up to the The Active Wellbeing Society card, which allows you to attend some free and cost-effective events in Birmingham:

<https://theaws.co.uk/join-us/wellbeing-card/>





DWP Disability Services Advocacy Team

Meet The Team

Rosie Marshall
National Advocacy Lead

Sarah Marshall
Advocacy Manager for Scotland

Zoe Spore
Advocacy Manager for North England

Matt Innes
Advocacy Manager for Central England

Lesley Clarke
Advocacy Manager for Wales & South England

Ken Lawton
National Advocacy Manager,
Supported Families Employment
Advisor & PIP Advisor

Natalie Chauhan
Advocacy Manager Support &
Business Support to Advocacy
Team Lead

Faye Benning
Advocacy Team Diary Manager
& Event Co-ordinator

We are advocates for Disability Services benefits and grants across the country, including Personal Independence Payment, Disability Living Allowance and Industrial Injuries Disablement Benefit.

We offer a series of awareness and upskilling sessions for the above areas of Disability Services which stakeholders can register and book onto via Eventbrite links.

Within our sessions we provide an overview of the full customer journey; from making the initial claim, what to expect during a health assessment, through to the decision making process. During the session there is ample time for questions & answers and the opportunity for attendees to share any related experiences.

Attending these awareness sessions offers a great opportunity to build strong internal and external working relationships and ensure through collaborative working, that customers are fully supported and are at the centre of everything we do.

If you would like to be sent our session links to book on to any of our sessions, please contact our Diary Manager via email at:

DisabilityServices.AdvocacyTeam@dwp.gov.uk

Pregnancy, Antenatal & Parenting



As parents you are your child's future play mate, if you would like to learn some pointers come and join us at this session. There will be practical activities to support playing with your children and guidance on the benefits.



Play is vitally important to a child's social and emotional Development and is crucial to healthy development. Children practice many skills and discover concepts through play.



Wednesday 13th December
HOLY CROSS Church, B13 0NS
9.30am-11.30am
walking-under 5 years
Please call to book on.. 0121 464 4189



We will ask you to bring some resources from home as our aim is to show you how to play with everyday objects which can be found at home.



We will be running workshops in the new year such as, sleep, well-being, toilet training etc. Please call to register your interest.



Baby Massage



Baby Massage promotes bonding and interaction between parents/carers and their babies. It is relaxing and can aid with sleep, digestion, teething and colic through touch and language so they feel loved,



Please bring a towel.

Oils will be provided.

Please call to book on
0121 464 4189



5 week course

**Thursday 23rd
November**

**Thursday 21st
December**

10.00am-11.30am

**Selly Oak Methodist
Church, B29 6HT**

**£10.00 per
adult for the
course payable
on the first
session.**

**Babies must have
had 6 week check
from your Health
Visitor to take part
in Baby Massage**

Pregnancy, Antenatal & Parenting

0121 464 4189




GBNFC CHILDREN'S CENTRE WHAT'S ON

If you need any additional support to access our groups, please contact us.




Providing activities and support for children Birth-5 and their families living within the Selly Oak district.




Find us at: 213 Trittford Road, B13 0ET

PLEASE CALL US FOR MORE INFORMATION ABOUT OUR OTHER SERVICES

Breastfeeding support, Antenatal Support, Infant Feeding, Introduction to food, Well-being Support, The Freedom Programme, HENRY, Solihull Approach, Cooking, Baby Yoga, Baby Massage, Healthy Lifestyles, Employment & Training, Volunteering and Parents Forum. **ALSO EEE FREE CHILDCARE FUNDING.**

FAMILY SUPPORT

We have a Family Support Team who are on hand to support you with:

- Low Level Housing Advice
 - Debt Advice
- Domestic Violence
 - Parenting
 - Childcare Advice
- Parental Emotional Well-Being

Call to speak to a duty worker on 0121 464 4189 Monday-Friday 9.00am-4.00pm

HEALTHY START VITAMINS

You can collect your **FREE** Healthy Start Vitamins for Mother and Child from us at

GBNFC Children's Centre.
Monday-Friday 8.30am-5pm.



MONDAY

9.30am-11.00am
Stay & Play
Under 5 years
Maselfield
Community Centre,
B31 2HL

9.30am-11.00am
Baby Group
Birth-Walking
Warstock
Community Centre,
B14 4QA

12.30pm-3.00pm
Well-Being Group & Walk
Walking- Under 5
Meet at the
Chinnbrook centre,
B13 0ET



TUESDAY

09:00am-11:00am
Job Club
(Parents/ carers
with children under
5)
Chinnbrook
Centre, B13 0ET

9.15am-10.15am
Or
10.30am-11.30am
Story and Craft
2-4 years
Druids Heath
Library, B14 5NJ

1.30pm-2.30pm
Toddler Group
1-3 years
Church of
Ascension, B30 2TJ



WEDNESDAY

We have
workshops/
programmes
running between
September-
December 2023

**FUSSY EATING
BEHAVIOUR MANAGEMENT
HENRY
INFANT FEEDING SUPPORT
ANTENATAL SUPPORT
WEANING
BABY MASSAGE
MONEY MANAGEMENT**

Please call us for
more information

Most of our Groups
are now **DROP-IN
GROUPS**

No need to book
just turn up!
Groups with the
phone symbol
Please call to book
on 0121 464 4189

THURSDAY

9.15am-11.00am
Stay & Play
Under 5 years
Chinnbrook Centre,
B13 0ET

1.00pm-2.30pm
**Breastfeeding
Lounge**
Selly Oak Methodist
Church, B29 6HT



1.15pm-2.45pm
Baby Group
Birth-Walking
St Bedes Church,
B14 6NQ

FRIDAY

9.45am-11.15am
Stay & Play
Under 5 years
Stirchley Baths, B30
2JT

9.30am-10.30am
Mini Movers
2-under 5 years
6 week courses
22nd September-
20th October at
St Bedes Church,
B14 6NQ

&
10th November-
8th December at
Spearhead, Bells
Farm Community
Centre, B14 5QP



Pregnancy, Antenatal & Parenting



Are you pregnant or have children under the age of 4?

You could get help to buy:

- Plain cow's milk
- Fresh, frozen or tinned fruit and vegetables
- Fresh, dried, and tinned pulses
- Infant formula milk

You can also get free Healthy Start vitamins.

www.healthystart.nhs.uk
@NHSHealthyStart



If you're pregnant or have children under the age of 4, you could get help to buy food and milk

Apply online to get your prepaid card.

www.healthystart.nhs.uk
@NHSHealthyStart

The above prepaid card is issued by Abbey 123 Payments to Science by Mastercard International Incorporated. Abbey 123 is a company regulated by the Financial Conduct Authority (FCA) 900539. For full details of alternative dispute resolution address: Fife House, 100 Victoria Road, London, E15 4JF. © Company No. 02301911. Mastercard is a registered trademark of Mastercard International Incorporated.

The way families retrieve Healthy Start vouchers has changed. The NHS no longer send paper vouchers. To get help to buy food and milk you need to apply for a Healthy Start card.

If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. We'll add your benefit onto this card every 4 weeks.

You can use your card to buy:

- plain liquid cow's milk
- fresh, frozen, and tinned fruit and vegetables
 - fresh, dried, and tinned pulses
- infant formula milk based on cow's milk

You can also use your card to collect:

- Healthy Start vitamins – these support you during pregnancy and breastfeeding
- vitamin drops for babies and young children – these are suitable from birth to 4 years old.

You can find out more [here!](#)

Pregnancy, Antenatal & Parenting



**Are you pregnant
or recently given birth?**

Why not join one of our regular Ask The Midwife sessions?

Our expert clinicians are on hand to answer any questions you have, from pregnancy to birth and beyond.

Visit www.yourbump.nhs.uk/ask-the-midwife/
or scan the QR code for more information.

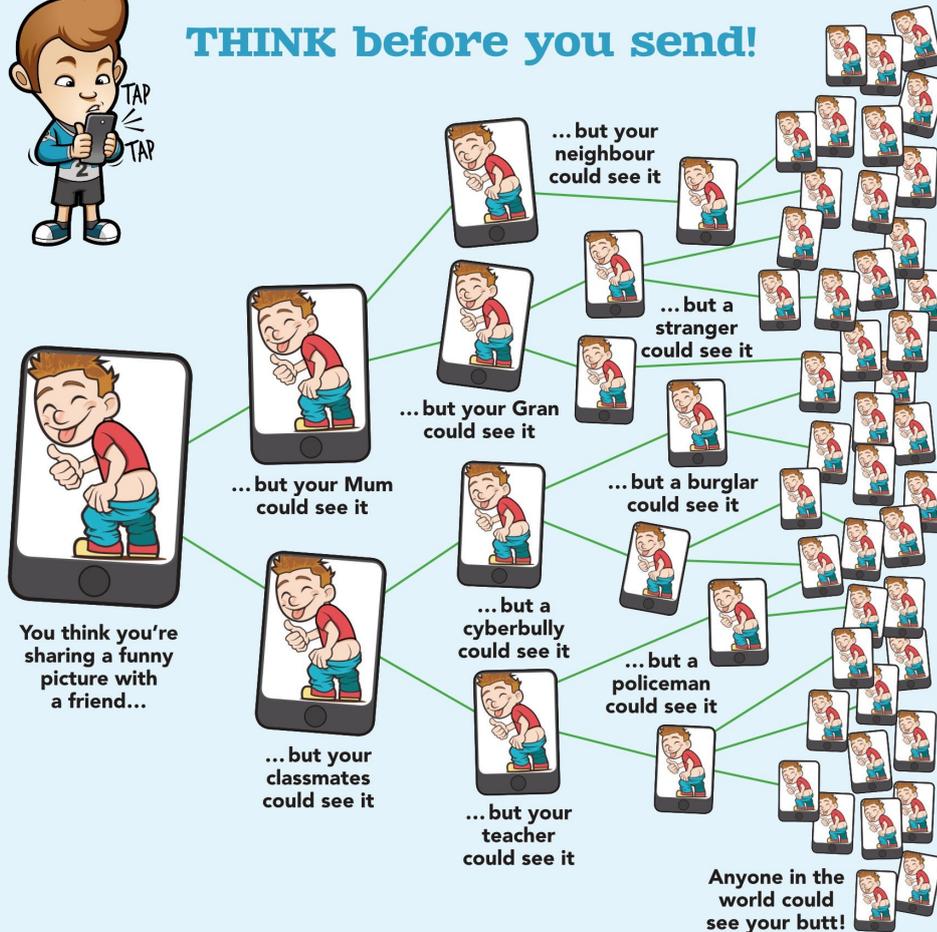


SCAN ME

Parent Guides to Online Safety



THINK before you send!



If you share it, you are involved

If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with



Health & Wellbeing



WEST MIDLANDS

WEST MIDLANDS'
YOUNG VOICES,
AGED 4 - 16

We need you!

CLOSING DATE:
15TH OF DECEMBER

TRAUMA INFORMED COALITION

TRANSFORMING THE WEST MIDLANDS TOGETHER

TELL US WHAT...



SAFETY



TRUST



CHOICE



ACCEPTED



CONNECTION

...FEELS LIKE TO YOU?



Across the West Midlands' professionals are working together to make the West Midlands a healthy and happy place for all.

To do this well, The West Midlands Trauma Informed Coalition (a group of over 160 senior leaders) are working together to make a guide called the West Midlands Trauma Informed Workforce Learning and Development Framework. This guide can be used by teachers, social workers, faith groups, foster carers, police, nurses, mentors... and many more! It will help people to work together to see that all children, young people and adults have the best futures possible.

Some of the most important ways we can support people so that we can all thrive and grow are by:

- Helping people to feel safe.
- Being trustworthy.
- Giving people choices and helping them to understand decisions.
- Working with people to encourage them and cheer them on.
- Helping people to feel connected with others.
- Making sure that people feel able to be themselves wherever they are.

But what do these things mean to you?

We would like you to pick one of our important words and show/tell us what this word means to you.

We would love for you to send in your thoughts, artwork, poems, or rap lyrics (100 words maximum) to help us understand what safety, trust, choice, being accepted, or being connected feels like to you.

By sending in your art or words, you will go into a **prize draw to win one of our £10 book vouchers!** All responses will be showcased through the West Midlands Trauma Informed Coalition Community of Practice webpage so everyone can learn from your amazing art and words!

Send in your art or words here:

<https://www.surveymonkey.co.uk/r/BG6NYDY>

Don't forget, you will need to get a carer or parent's consent!





Peer Mentoring & Mental Health Champions for Young People

Become a Volunteer Peer Mentor

Are you **16 - 25**?

Do you identify as **LGBT+, Disabled, Black, Asian** or any other **Minoritised Ethnicity**?

Are you interested in volunteering to **support young people** with their mental health and wellbeing whilst developing yourself personally and professionally, and gaining **work experience**? If so, this role could be for you.

This new peer mentoring service will equip volunteer peer mentors with the skills needed to provide other young people from these communities with mental health and wellbeing support through mentoring.

Contact the Mentoring Scheme Coordinator on
0121 354 4080 or PeerMentoring@ourplacesupport.org
www.ourplace.org/peermentoring



Kooth

Kooth is an online counselling support service for children aged 11-18.

Qualified counsellors are available 365 days a year- no waiting lists!

Weekdays 12:00-22:00

Weekends 18:00-22:00

[CLICK HERE TO FIND OUT MORE](#)

Pause.



**Need someone to talk to?
Struggling to cope with feelings?
We're here for you.**

Pause can help anyone under 25 with a Birmingham GP. We listen and help you find solutions – no referrals or long waits.

You choose when and how to use our service:

- **Drop-in face to face support is available, check our webpage for dates & venues.** Booked face to face sessions are available in certain circumstances.

Or

- **Request a phone or video call back, using the website or by calling the registration line.**



**To find out more and register for support, visit:
<https://forwardthinkingbirmingham.nhs.uk/pause>
or call our Registration Line **0207 841 4470**
(please note local call charges do apply).**

Our Service Operates:

- **Monday to Saturday**
- **We are Closed Sundays & Bank Holidays.**

The
Children's
Society

Health & Wellbeing

Birmingham School Health Support Service

NHS
Birmingham
Community Healthcare
NHS Foundation Trust

SCHOOL NURSE VIRTUAL DROP-IN CLINIC

Every
Tuesday
and
Thursday
from
4:30-5:30pm

Your School Nurse is here to help you feel healthy, happy and safe during your school years and to get the best from your education.

Join the link and talk to a School Nurse. We provide a confidential and friendly service.

<https://nhs.vc/BCHC/C-F/Schl-Nurse/Drop-In>



Ref: 01136-1308/21

School Nurse Virtual Drop-in

Confidential virtual School Nurse drop-in for young people (secondary school age) for advice and support.

Every Tuesday and Thursday, 4:30pm to 5:30pm.

[Further information about the School Nurse Virtual Drop-in.](#)

School Nurses can be contacted directly, Monday to Friday, 9am to 5pm (excluding bank holidays). You can also speak to a duty school nurse who can offer advice, assessment or signpost you to relevant services.

South Central School Nurse Team

Districts covered: Perry Barr, Ladywood, Edgbaston, Selly Oak and Northfield

Email: [BCHNT.southcentralsnteam@nhs.net](mailto: BCHNT.southcentralsnteam@nhs.net)

Health & Wellbeing



Find FREE activities at: www.theaws.co.uk/our-activities



Search 'The Active Wellbeing Society' on social media



For further information, or to add/edit your food provision shown on the map, contact: foodjusticenetwork@theaws.org



Domestic / Sexual Abuse Advice & Support

Further information

If you are a female victim of domestic abuse and you want to make a self-referral please initially contact Women's Aid on 0808 800 0028.

Women's Aid will refer your case to Cranstoun if appropriate.

Confidentiality

Cranstoun respects your right to privacy. At your first meeting with a Lead Worker, we'll explain how we keep things confidential.

Opening hours

Our staff work with you in your home or at an accessible community organisation. We're available Monday to Friday 9am-5pm.

Our Birmingham office

Cranstoun Lead Worker Services
Ashted Lock
Dartmouth Middleway
Birmingham B7 4AZ
T 0121 633 1750
E birminghamadmin@cranstoun.org.uk

Please visit our website to find out more:

cranstoun.org



Female domestic abuse services in Birmingham

CRANSTOUN
Empowering People, Empowering Change

To be a world-class leader in rebuilding lives.



Central office
Thames Mews
Portsmouth Road
Esher
Surrey
KT10 9AD
T: 020 8335 1830
E: info@cranstoun.org.uk
www.cranstoun.org

Registered Charity No: 1061582
Registered Company No: 3306337

CRANSTOUN
Empowering People, Empowering Change

Everyone deserves a life without domestic abuse

You don't have to deal with domestic abuse alone



Domestic / Sexual Abuse Advice & Support

Anawim

Birmingham's Centre for Women

Free helpline:

0800 019 8818

Live chat:

www.anawim.co.uk

Safe, open Drop-in:

For times please visit;

www.anawim.co.uk

Do you need support with; Housing, Benefits, Mental Health, Domestic Violence, Clothing and Food, Relationships, or finding the right support services?

For women from every background. For women today and tomorrow.

Domestic / Sexual Abuse Advice & Support

If you've ever been
raped, sexually assaulted or abused



Turn to us **We are here**

Sexual assault referral centres 'SARCs'
provide a safe space, specialist care and support 24/7

Go to nhs.uk/SARCs

Household Support & Advice



food justice network.

Birmingham, UK.



Scan this QR code to see the
Food Justice Network Map

The map will show you details of free food support and
food based activities nearby to you.

Please make sure you have the Google Maps app downloaded.

To see all points on the map, or to choose a specific area, click 'Map
Legend', and make sure all of the area names have a blue tick next
to them.

Jobs, Skills & Employability

JOB CLUB AT GBNFC



We are running a session for parents/carers who would like support returning to work. From job searching to CV preparation, training opportunities and identifying your key skills, we are here to help you at our FREE friendly session!



For more information and to book your session please call Charlotte on 0121 464 4189



Charlotte will be happy to discuss session availability with you!



Train-To-Gain

Helping You into Work

The Brandwood Centre is excited to announce that it has secured funding from the European Social Fund and The National Lottery Community Fund to continue to deliver our successful Train-to-Gain programme, helping you gain the experience and the confidence you need to discover new opportunities and set new career goals. Our services are free and open to anyone aged 19 or over who is currently unemployed or economically inactive and living in Greater Birmingham or Solihull. By providing these services we aim to raise confidence, skills and knowledge and increase employability prospects. We offer a tried and tested back to work training and support package including:

- Personal Development Workshops
- Wellbeing Workshops
- Employability Workshops
- Accredited Training
- Maths, English & IT Skills
- CV Support & Careers Information, Advice & Guidance
- Volunteer Opportunities

Our programme is delivered from the award winning Brandwood Centre, a local community centre which prides itself on offering a welcoming and friendly environment for all.



0121 443 3310
07926 030 123

office@brandwoodcentre.co.uk
www.brandwoodcentre.co.uk



time for
you

Do you have a health condition or disability?

Do you want to talk to someone about your options for the future?

We have someone who can support you...

We can talk about:

- Helping you build your confidence
- Free training available to develop your skills
- The type of work you might like to do or could do in the future

 0121 252 3578

 sellyoak.opendoor@dwp.gov.uk

jobcentreplus

We would love to hear from you!

We love collaborating on our events, both online & face-to-face,
so get in touch if you have an area of interest:
SellyOak.Families@greensquareaccord.co.uk

Want to be featured in our next newsletter?

Contact Amber at SellyOak.Families@greensquareaccord.co.uk



The Selly Oak Families and Early Help Team is managed by GreenSquareAccord on behalf of Birmingham Children's Partnership. Our focus is to ensure children, young people and families get the support they need. We work closely with education, health, community/voluntary organisations and charities, both locally and across the city. Our locality covers Billesley, Bournbrook, Selly Park, Bournville, Cotteridge, Brandwood, Kings Heath, Druids Heath, Monyhull, Highters Heath, Kings Norton North, Stirchley, Weoley & Selly Oak.

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